WELCOME TO WATERLOO UNITEDS

BLACK & YELLOW ACADEMY

WATERLOO UNITED SKILL CENTRE

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BLACK & YELLOW ACADEMY 2021 SEASON

Waterloo United will implement a Skill Centre starting November 2020

OVERVIEW

- **Duration:** November to September
- **Where:** Rim Park/Bechtel Park
- **What ages is it for?** U8 to U12 players
- **Who is it for?** Those that want high level coaching and opportunities to develop in an excellent environment.

WHAT IS A SKILL CENTRE?

- Skill Centres are a Canada Soccer Initiative that looks at the development of players for ages U8 to U12

- The overarching purpose of the Canada Soccer Skill Centre model is to provide “access to high-quality programs where they can have fun with their friends, learn new skills and play the game in an appropriate format” (Canada Soccer Skill Centre Manual)

WHAT TO EXPECT

Canada Soccer Skill Centres are aligned to the best principles of player development from around the world. The underlying aim of Skill Centres is to provide the best environment possible to as many young players as possible for as long as possible.

GOAL 1 - Keep more young players involved in the game for longer by providing them with an enjoyable experience with the game.

GOAL 2 - Produce clear training guidelines for clubs so that they can deliver the best possible environment for young players in their region.

GOAL 3 - Produce better players across Canada by increasing opportunity and access to better training and competition for more young players.

SKILL CENTRE PRINCIPLES

- Contact time with a ball will be high
- Training will resemble the game, skill is not developed in isolation
- Training will be fun for everyone
- Skill Centres will be accessible
- All players and parents will receive meaningful feedback from coaches

WHAT DOES THIS MEAN FOR MY CHILD?

- Players are placed in “Player Pools” rather than “teams”.

- For example; Rather than a club having trials and selecting 3 x U10 teams, the club has one larger group of U10 players that they can group however they deem appropriate.

- Skill Centres consider the complex nature of child development and allows flexibility while players are growing and learning at different rates.

- Skill Centres focuses on Talent Development and not Talent Identification,

TECHNICAL STAFF

- Aim of the club is to have two children licensed coaches in 2021.
- All staff coaches will have the relevant qualifications.
- A goalkeeper coach and goalkeeper training will be provided to skill centre players.

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COACHING STAFF

TECHNICAL DIRECTOR

BOYS DIRECTOR

GIRLS DIRECTOR & PROGRAM MANAGER

- U12
- U11
- U10
- U9
- U8

ONE (1) PAID COACHING STAFF PER AGE & GENDER

QUALIFIED ASSISTANT COACHES

- U12
- U11
- U10
- U9
- U8

TARGET OF 36 PLAYERS PER AGE AND GENDER

WATERLOO UNITED SKILL CENTRE

SCHEDULE

- 2 Sessions per week
- Games where possible (allowed within Region)
- Possibility of a 3rd session (space permitting) with games as the focus
- Additional programming may be offered if/when space allows (eg. Attacker Academy) at additional cost
- GK Coaching will be included for those interested

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VALUE PROPOSITION

2021
PAID/ QUALIFIED COACHES
VIDEO RECORDING AND ANALYSIS
MENTAL TRAINING SKILLS SUPPORT
CONSISTENT FEEDBACK / EVALUATION
INCREASED GAME OPPORTUNITIES
GOALKEEPER COACHING
PLAY OTHER OPDL CLUBS IN OUR REGION
EXTRA GAME BASED PLAY FROM JANUARY

SKILL CENTRE STANDARDS: THE CLUB WILL FOLLOW THE BELOW

SKILL CENTRE STANDARDS	
Age Groups	▶ U8/U9, U10/U11, U12 ▶ Players loosely grouped by age ▶ Players can move between groups as required
Playing Format	▶ U8/U9: 4v4 (no goalkeeper) or 5v5 (with goalkeeper) ▶ U10/U11: 7v7 ▶ U12: 9v9
Coaching Requirements	▶ Lead Coach (two per club, one each for boys / girls) ▷ Canada Soccer Children's Licence (2020 – in training; 2021 – certified) ▶ Assistant Coach (as per player to coach ratio) ▷ Learn to Train (2020 - trained)
Player to Coach Ratio	▶ U8/U9 (8:1) ▶ U10/U11 (10:1) ▶ U12 (12:1)
Number of Players in a Skill Centre Program	▶ Guided by the player to coach ratio and field availability
Player Registration	▶ Invitation: Club invites player to participate ▶ Open: First-come, first-served registration ▶ ***Note*** ▷ **Tryouts are not permitted** ▷ **No more than 50% of registration is permitted to be by invitation**

SKILL CENTRE STANDARDS: THE CLUB WILL FOLLOW THE BELOW

SKILL CENTRE STANDARDS (continued)	
Game Day Roster Guidelines	▶ Open rosters: Any player participating in a Skill Centre Program at a club is permitted to participate on any of its Skill Centre teams ▶ Clubs are strongly discouraged from selecting 'set' teams; i.e. the same players grouped together permanently
Game Day Roster Size (maximum roster size)	▶ U8/U9: 8 players per team ▶ U10/U11: 10 players per team ▶ U12: 14 players per team
Competition Days Per Week	▶ One (1) competition day per week
Competition Format	▶ Competition may be festival format (two games in one day) or single-game format
Minimum / maximum rest between festival games	▶ minimum = duration of one game / maximum = 120 minutes
Training Session Frequency	▶ 2-3 training sessions per week (not including competition day)
Training Session Duration	▶ U8/U9: 45-60 minutes ▶ U10/U11/U12: 60-75 minutes
Program Duration	▶ Training block duration: 10-22 weeks ▶ Annual duration: 30-44 weeks ▶ Minimum time between training blocks: 2 weeks
Field regulations	▶ See Canada Soccer Grassroots Standards

TO CONCLUDE:

- ✓ We are one of the first and only Skill Centres in the Region due to our status as a National Club License holder
- ✓ We will have a dedicated and qualified lead coaches for boys and girls and paid/ qualified staff coaches.
- ✓ The volume and quality of contact will increase significantly and paired with our additional support of the players, will improve our ability to deliver quality programming

THANK YOU!

FEEDBACK & COMMENTS:

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