



WATERLOO MINOR SOCCER CLUB
Grassroots Development Program (U9-U10)

PROGRAM OUTLINE

Number of Players	12 player game roster maximum Maximum of 48 players per age group/gender
Parent Orientation Session	Orientation Sessions will be scheduled to provide an opportunity for athletes and parents to learn about the Grassroots Development program. Parent Information session - September
Player Orientation Session	The Club has organized a series of four (4) orientation sessions to be hosted over two weekends at RIM Park. The full schedule for the orientation will be available here: www.waterloounited.com
Playing Format	7v7 No scores / standings Match Officials assigned to every game
Program Structure	November - August Winter League - Feb - April Breaks on statutory holidays; Two (2) week Christmas Holiday Break No training March break Games will be played on grass and turf fields
League Competition	May to August 14 games (Home & Away Games) Saturday game days
Indoor Training	November to April (Weather dependent) Two (2) 50 minute sessions per week on turf U9 Boys – Friday (6pm) and Sunday (3pm) U9 Girls – Wednesday (6pm) and Sunday (12pm) U10 Boys – Friday (7pm) and Sunday (4pm) U10 Girls – Wednesday (7pm) and Sunday (1pm)
Outdoor Training*	May to August (Weather dependant) Two (2) 75 minute sessions per week *Training locations/surface types may change. Days/Times TBC
Festivals	Two (2) festival registration fees. One (1) winter and One (1) summer
Game Day Roster Coaches	Learn to Train certification Respect in Sport Making Ethical Decisions Making Headway Valid Police Record Check Valid First Aid & CPR certification



DEVELOPMENT CURRICULUM

Coach Technical Standards	Respect in Sport Making Ethical Decisions Making Headway Valid Police Record Check Valid First Aid & CPR certification
Technical	Aerial reception control Receiving: bottom of foot, insides, outsides Passing: any surface Ball Striking: with laces (right & left) 1v1 Skill Development (fakes and feints) Running with the ball, dribbling, turning Double moves Ball Mastery: all surfaces
Tactical	Combination play 1v1: change of space, change of direction 2v1: recognition of overload (i.e. 2v1) Spatial awareness Support play Individual transitions
Principles of Play	1v1 to 3v3 to 4v4 - Small sided games Depth, width, improvisation, individual transitions
Physical	A,B,C's (Agility, Balance, Coordination) Running technique Agility with the ball Promotion of basic self-confidence Positive attitude Discipline
Mental	Promotion of basic self-confidence Positive attitude/positive energy Discipline Mental resiliency
Player Evaluations	Two (2) written player evaluations per year Parent/Player feedback session upon request



PAYMENT SCHEDULE & PROGRAM ADMINISTRATION

Program Cost per player	\$970 (To be approved by the BoD at September Board meeting)
What is included?	League Registration Ontario Soccer Registration and Insurance All training/game facilities Player Ball Match Officials 2 Festivals Coach Education for all coaches
What is not included?	Memorable events Home/Away Uniform, Training Kit, Tracksuit, bag will be purchased directly with supplier
Fee Payment Schedule	To be confirmed and approved at the September Board meeting

Fee Assistance	Fee assistance is available through several sources including: City of Waterloo (\$300) - Waterloo residents only KidSport KW Canadian Tire Jumpstart
Program Leadership	Sam Gevaux - Manager of Coach & Player Development Grassroots Manager - TBC
Additional Notes	Information contained in this document is subject to change at the discretion of Waterloo Minor Soccer Club at any time.