



WATERLOO MINOR SOCCER CLUB
Competitive Program (U13-U18)

PROGRAM OUTLINE

Number of Players	18 Player Roster (Maximum)
Parent Orientation Session	Orientation sessions are organized by the club periodically to explain the club's pathway. (Early September each year)
Player Try-Outs	The Club has organized a series of try-out sessions to be hosted over two weekends at RIM Park. (The final two weekends of September) The full schedule for the trials will be available here: http://waterloounited.com/travel/open-tryouts/
Playing Format	11v11 FIFA Rules Match Officials assigned to every game
Program Structure	October to August programming (Potential of going into September dependent on leagues/cups) Games will be played on grass and/or turf fields
League Competition	May to August (Potential of going into September dependent on leagues/cups) Home & Away Games Number of Games & Game Days - TBD based on specific league
Indoor Training*	October to April One (1) to Two (2) sessions per week on turf Training times and amounts can vary at the discretion of the Head Coach *Not included in program cost
Outdoor Training*	May to August (Potential of going into September dependent on leagues/cups) Minimum Two (2) training sessions per week *Training locations/surface types may change. Days/times TBC
Tournaments	At the discretion of the Head Coach
Head Coaches	Soccer For Life Certification Respect in Sport Making Ethical Decisions Making Headway Valid Police Record Check Valid First Aid & CPR certification



DEVELOPMENT CURRICULUM

Technical Standards	Head Coach - Soccer For Life (Minimum) Coach Observations by Technical Staff (3 Minimum) Game Observations by Technical Staff (1 Minimum)
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Technical	Increased range of controlling skills. Extended variety of short range passing skills and the addition of basic medium and long range passing skills. Continued development of combination play skills. Appropriate disguise/deception on all skills involving contact with the ball. Ability to protect and manipulate the ball under pressure. Increased heading skills.
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Tactical	Improved support play with appreciation for movement in carrying out that support. Safety vs. risk when in possession. Increased running with the ball skills. Increased marking, tracking and challenging skills. Ability to read the game defensively for the purpose of making interceptions and challenges.
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Principles of Play	Attack/Defence/Transitional Moments
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Physical	Strength Power Endurance Speed Agility
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Mental	Self-Regulation Self-Confidence Coping Skills Intrinsic Motivation
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Player Evaluations	At the discretion of the Head Coach
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PAYMENT SCHEDULE & PROGRAM ADMINISTRATION

Program Cost per player	\$610 (To be approved by the BoD at the September board meeting)
What is included?	Summer training & game fields League Registration and Insurance Ontario Soccer Registration & Insurance Match Official payments
What is not included?	Home/Away Uniforms, Tracksuits, Bags, Balls, Training Uniform Tournaments Winter Training
Fee Payment Schedule	To be approved by the BoD at Septembers Board meeting
Fee Assistance	Fee assistance is available through several sources including: City of Waterloo (\$300) - Waterloo residents only KidSport KW Canadian Tire Jumpstart
Program Leadership	Carl Horton - Technical Director Sam Gevaux - Technical Assistant Anthony Locane - Technical Coordinator
Additional Notes	Information contained in this document is subject to change at the discretion of Waterloo Minor Soccer Club at any time.